## events 2018/2019

#### October 16 to 19, 2018 | EHB Campus

Teaching in Social Work courses and further training for four guests from Metropol University Copenhagen, Dr. Jacob Magnussen and colleagues.

#### November 7 to 9, 2018 | EHB Campus

ENNE (European Network of Nursing in Higher Education) Coordinators Meeting at EHB. organised by Dr. Dagmar Kubanski

## November 7, 2018 | EHB Campus

Lecture of Minna Markkanen, Lenka Šáteková and Uta Grosse. Module N 702, Bachelor of Nursina

#### November 12 to 16, 2018 | Berlin / EHB

Study visit of students from Health Care Management and Prof. Hildebrand Ptak to Kraków exploring Polish health care system and health policy (intended).

## November 25 to December 1, 2018 | Berlin / EHB

Study visit of students from France and Hungary to Berlin in cooperation with the project day in Social Work: Housing and homelessness, supported by the German French Youth Office, organised by Prof. Dr Birgit Steffens and Prof. Dr. Julia Lepperhoff

### December 10 to 12, 2018 | EHB Campus

Philia meeting at EHB, organized by Prof. Dr. Karsten Laudien

### March 17 to 23, 2019 | Toulouse/France

Study visit of students from EHB and Hungary to Toulouse in cooperation with the project day in Social Work: Housing and homelessness, supported by the German French Youth Office, organised by Prof. Dr. Julia Lepperhoff

## May 12 to 18, 2019 | Budapest/Hungaria

Study visit from of students from EHB and France to Budapest in cooperation with the project day in Social Work: Housing and homelessness, supported by the German French Youth Office, organised by Prof. Dr Birgit Steffens

### May 2019 | Subiu / Romania

Study visit to Sibiu (Romania) of Social Work students of the project day "Social change in rural and semi-urban areas", Prof. Dr. Sebastian Schröer (intended)

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## The European Network of Nursing in Higher Education

Founded more than 20 yeas ago - 13 Countries make up ENNE today



66 Students and 17 lecturers from the 16 ENNE universities at the Satakunta University of Applied Science, 26th of April, 2018

ENNE was established from a small group of countries in 1997. Today, its members include Austria, Belgium, Croatia, Czech Republic, England, Estonia, Finland, Germany, Hungary, Netherlands, Scotland, Sweden, Spain and Switzerland. In 2008 the Protestant University Berlin (EHB) joined the ranks of ENNE.

ENNE is the European Network of Nursing Educations on a Bachelor level. The main goal of ENNE is to support quality improving innovations in nursing education and to broaden the horizons of both nursing students and teachers following the European work field according to the EU/2013/55 directive, regardless of regional differences. Sharing expertise, offering joint projects and developing intercultural competences in nursing are key strategies within ENNE.

ENNE offers a number of benefits to its members (nursing students as well as teachers), both on an individual and an institutional level. On an institutional level, ENNE focuses on developing and implementing innovative learning strategies based on "Problem Based Learning", e-learning, blended learning and mutual research projects. Additionally, it organises the yearly coordinators' conference and a student intensive programme. On an individual level, ENNE promotes student and teacher exchange between its members in order to improve the exchange of experiences in specialised topics. (cf. Grosemans, Meinhart 2017).

## Coordinators' conferences (4 days), key

- situation of nursing education in our home countries,
- possibilties for home and international students,
- best practice: clinical topics or methods of pedagogy,
  - ongoing improvements, pursuing cooperations with other ENNE members
  - preparing the next Intensive programme.

## Intensive programme (6 days):

This ENNE Intensive Programme serves as a forum for European nursing students and educators to compare work experiences,

skills, responsibilities and cultural attitudes of nursing staff on a common level of qualification and experience. To reach the EU objectives set for health care, nursing education has put great effort into providing students and nursing professionals with new skills enabling lifelong learning, critical thinking, evidence based practice and intercultural competencies.

The Intensive programme is based on the following learning strategies:

- Problem based Learning (PBL) as a pedagogic approach. This implies that students of various nationalities will work together in small tutorial groups during the week. Explore different ways of thinking about nursing and healthcare systems. The use of a case scenario will introduce students to a 'virtual' patient, the aim being for students to share knowledge, practices and experiences in planning the care for the patient. Introduction to different themes and cultures. Students will present information about their own country and discuss topics such as the general characteristics of
- characteristics. Health care related site visits and social activities

their own health care system and cultural

Intercultural competencies have become key issues in health care due to various factors such as European Integration, globalisation processes with increased internationalisation, and an increase of multi-professional collaborations due to contemporary structural changes in the field of health care. (cf. Sirkka, Heijnen, Lundin et al. 2004-2018; Kubanski, Morris 2018).

References: Sirkka, K.A.; Heijnen, R.; Lundin, T.; Nicklas-Faust, J.; Cowie, J.; Markkanen, M.; Kubanski, D.; Lundgren, J.; Grabner, B.; Morris, J.; Tuliniemi, E.; Virta, K. (2004-2018) Studyguide – Intercultural Competences In Nursing.

Grosemans J.; Meinhart C. (2017). ENNE 20y Celebration Conference. International Excellence In Nursing Pedagogues.

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## EHB.mobil: Going abroad!?

EHB students, lecturers and employees are informed about the scope of international actitivites

After undergoing an audit process for establishing an internationalisation strategy at the EHB as well as defining goals for international actions across teaching, research and communication, an information event for students and lecturers was offered May 2nd, 2018, called "EHB.mobil". Five international guests from France, Denmark, Poland and Austria were invited to represent their universities and to offer further possibilities for co-operation, contacts and mobility.

The rise of international mobility in the last

years is evident for both students (intern-

ships and study semesters abroad) and lec-

turers (teaching and further training). Thanks

to specific international programmes like

ERASMUS+ and PROMOS, financial support

for international mobility is available. In the

last three years, more than 90 students have

been beneficiaries of these programmes by

completing their compulsory internships in

either Europe or other continents. Compared

to previous years the interest in going abro-

ad for a semester has increased enormously

(90%). The mobility of lecturers in the fields

of teaching and further training is particularly

remarkable. In the last three years, 57 lecturers

Through PROMOS, short trips for seminar

groups can be sponsored. Each year, nearly

25 students can be supported and thus get

the opportunity to experience time abroad.

The German French Youth Office supports

intercultural exchanges with students. Thus,

the EHB and ERASME Toulouse have had an-

benefited from ERASMUS+.



Dr. Jacob Magnussen, lecturer at the Metropolitan University College in Kopenhagen, introduced his international programme at the university-wide event, EHB.mobil, in May, 2018.

nual exchange programmes for over sixteen years. Six years ago, the co-operation added further partners from Hungary and Poland. Internationalisation at home is one goal within the strategy. Incoming international students and short-time lecturers within ERASMUS+ can support this action. Every year, the EHB hosts 10 students and around 8 quest teachers from partner universities. In the future, it would be important to broaden international research activities. The "Philia" project by Karsten Laudien and the COST project by Julia Leinweber are first experiences in this field. This edition of the ehb.spiegel shows the great variety of international approaches and the individual engagement of many people at this university. I hope the experience of EHB.mobil will encourage colleagues from different fields to strengthen both their interests and their activities for more internationalisation.

## Pursuing the roots of social work

## Students are giving the opportunity to conduct research in the US

Numerous concepts of social work, including case management or project ideas such as Housing First, were adopted from the US. This is reason enough to organise study trips for students of the EHB, to allow them to learn more about social work practice in the US. For this purpose, students went to San Francisco and New York in September 2014 and September 2017. On the week's agenda were practical visits, lectures and workshops with the partnering universities San Francisco State

and Long Island University, Brooklyn Campus. These field trips were part of a research project (financed by the Fritz Thyssen Stiftung) about social reformer and social work pioneer Jane Addams and allowed about 10 students to come along on each trip. In 2017, project director Prof. Dr. Birgit Steffens spent several months as a visiting professor at Long Island University in New York in order to conduct archival research. Prof. Dr. Birgit Steffens, professorship of social work





















### Dagmar Preiß-Allesch M. A., International Office

## editorial



Dear members and friends of the EHB.

Our first English edition of the ehb.spiegel (ehb.mirror) aims to underline our ambition to intensify our international approach in both education and training. International teaching and learning is necessary for any valuable education. Only an international and intercultural exchange will enable us to meet international standards, to learn from other social, educational and health care systems and to obtain a deeper understanding of our own approach in these fields.

Language is an important tool for structuring our minds. Therefore, cultural sensitivity can only be achieved by awareness of linguistic structures. Writing, reading and teaching in a foreign language seems to be a decisive element of cultural learning. We chose the English language because it is most commonly used and spoken on an international level. We are well aware of the importance of other languages in the day-to-day contact with clients in Berlin and it is desirable that our students also learn other languages. However, we will not find another language of which we can presume such a common basic knowledge. I hope this edition will find your interest as well as the interest of our international partners - be it because, despite or independently of the language chosen.

With best regards.

Prof. Dr. Anusheh Rafi President of the Protestant University of Applied Sciences in Berlin (EHB)

## EHB's exchange programme expands

Since last year, the EHB long-term partnership with France and Hungary is enhanced by Poland

For 17 years, the EHB has been working closely together with the ERASME College in Toulouse/France. Seven years ago, the Wesley College in Budapest (Hungary) started contributing to the project as a new co-operation partner. In 2017, this co-operation was further enriched through the Jagiellonian University in Krakow (Poland). The student exchange programme of the Social Work degree lies at the heart of this tri-national co-operation. This tri-national exchange takes place once a year and is financed by the Franco-German youth office. Students from the participating universities address current topics of social work in Germany, France, Hungary and Poland and thereby gain – in a comparative perspective – a deeper understanding of social work. Some topics of the exchange have been flight and migration, professional identity as a social worker, people with mental disorders and their family system as well as young people in disadvantaged situations.



Students performing at the university's Auditorium Maximum, during the anniversary celebration in 2016.

The friendly relationship of these three universities strengthens intercultural skills, transnational dialogue and a positive view on diversity in the long term. Additionally, students are able to make friends beyond the exchange. This is why the exchange programme is very popular among students every year.

A weeklong programme in each partner city is organised. At the EHB, the head of the international office, Dagmar Preiß-Allesch, as well as the lecturers Julia Lepperhoff, Victoria Richter and Birgit Steffens plan, carry out and evaluate the student exchange programme. Field investigations, interesting lectures, discussions, and work within small groups enable comparative reflections on concepts, professional identities and the system of social work in the relevant countries. Furthermore, a daily language animation allows getting in contact with the different languages. The EHB hopes to continue this successful co-operation in the future.

> Prof. Dr. Julia Lepperhoff, professorship of social work

## Social Change in rural and (semi-) urban areas A research project in Romania

Romania's present society is characterised by a culture of diversity. In Transylvania, which is part of Romania, there is a traditional coexistence of several ethnic groups. The revolution of 1989 and the accession of Romania to the European Union led to a redefining of social arrangements. This goes along with a change in the socio-cultural, ethnic and demographic structure in rural areas, which causes demographic, cultural and structural challenges. In 2016 and 2017 students of the Protestant University Berlin (EHB) conducted fieldwork as part of a project seminar on topics they had chosen in advance. In preparatory seminars, they discussed the history of Transylvania and theoretical considerations and set up

individual research designs. In Sibiu and the surrounding villages, students had the opportunity to apply and reflect on methods of qualitative social research. In this context, they did numerous field trips to collect data and generate initial insights. They worked out that the reality of life in Transylvania is heterogeneous. For instance, the respective embedding in social networks, milieus and communities of values has a decisive effect on self-perception, identity constructions and orientation patterns that refers to different options for action. How-ever, it became clear to what extent recent historical developments shape their lifeworld.

> Prof. Dr. Sebastian Schröer, professorship of social work

## "Exchanging thoughts and ideas"

## International activities at the department of protestant religious education

Last year we met a group of parish pedagogic students from Svenska kyrkans ut*bildningsinstitut* from Lund. The experience of exchanging thoughts and ideas was an exciting one. Talks about the different kinds of religious education and how to become a community educator (Gemeindepädagog in) in Sweden and Germany were lively and interesting.

Since then we have stayed in touch and tried to pursue an ongoing exchange between German and Swedish students. The different dioceses in Sweden arrange internships for students and offer their support.

In October 2017 the first meeting to work on and submit an application for the "Erasmus+" programme took place in Vienna. The KPH (Kirchlich-pädaaoaische Hochschule) Wien/ Krems (Thomas Krobath/Alfred Garcia-Sobreira-Majer), the Department of Catholic Theo-

logy/Religious Education at Pädagogische Hochschule Heidelberg (Katja Böhme), the School of Theology at the University of Thessaloniki (Vasiliki Mitropoulu) and the EHB aim to develop a teachers' training programme. In addition, they are working on material for Jewish, Catholic, Orthodox, Protestant, Islamic und Alevi religion teachers as well as for ethics and philosophy teachers.

At the end of April, a delegation of the Russian-Orthodox church visited our university and had talks with students of our department. The guests from Moscow and St. Petersburg are working on developing pastoral training courses focusing on the subjects "Disability - Addiction - Family" and were interested in the experiences and perspectives of the German students.

> Prof. Dr. Hildrun Keßler, professorship of protestant religious education

## There's just one world!

Network *ehb.hilft* connects organisations and volunteers in order to support refugees

In the summer of 2005 our students founded the ehb.hilft ("ehb helps") network. Since then it is considered to be an interface between helpers and people seeking help. ehb.hilft appeals for and pools together resources from the EHB so as to bring them all together alongside governmental and religious institutions. At the core of this effective networking lies a database connecting ongoing initiatives that work with and for reor planned engagement across all fields.

A commissioner for refugees of the protestant congregation in Teltow-Zehlendorf is available for both, advice and support, as well as members of the projects directly. For interest, please contact via eMail ehb-hilft@eh-berlin.de.

Further information (German): https:// www.eh-berlin.de/hochschule/hilfe-beratung-und-initiativen/ehbhilft.html



## **EU BIRTH research project** A platform for networking and exchange

In November 2016 I was invited to join the working group on neuro-psycho-social perspectives of the BIRTH COST Action IS1405 to contribute my expertise on the topic of traumation stress in midwives.



Members of the COST Action Meeting in Florence / Italy, October 2017

BIRTH stands for Building Intrapartum Rewhole system approach to understanding and contextualising physiological labour and birth. COST is an EU-funded programme that enables researchers to set up their interdisciplinary research networks in Europe and beyond. COST actions are bottom-up science and technology networks, open to researchers and stakeholders with a duratiare inter-professional and inclusive, as it is of benefit for the generation of ideas and projects to have a variety of perspectives on a topic (http://www.cost.eu/COST Actions). The BIRTH COST Action IS1405 has started in the topic of physiological childbirth.

meeting in Heraklion, Crete. On my arrival at the conference centre I was overwhelmed by the exitement – even though it was late evening people seemed to be still very engaged in discussions on birth and health care systems. After breakfast the next morning I realised that in the last hour at the buffet I have met and exchanged ideas with midwifery researchers, sociologists and psychologists from Ireland, Poland, the Netherlands, the UK, Spain, Italy and Portugal! This happened so

easy as we all had one thing in common: a search Through Health – an interdisciplinary passion for physiological labour and birth and the understanding that regarding skyrocketing caesarean section rates all over Europe, action is needed to support women in having the best possible birth outcome - physical and emotionally.

I am now involved in working group 5 of the action and one target of the group is to investigate traumatic stress in midwives across the on of four years, aiming to create a platform EU. The ongoing exchange within the COST for exchange and networking. COST actions network is inspiring future research projects and enriches my teaching. Our BSc midwifery students are very curious to learn about differences in maternity care and midwifery education across the EU. Being knowledgeable about these differences and the research 2014 and is the only COST Action addressing that investigates them within the COST network promotes students understanding of In March 2017 Lattended my first COST Action what constitutes optimal maternity care in Germany and beyond. In addition the EHB is since September 2017 a partner in the Baby Buddy Forward Erasmus Plus project, aiming to promote health literacy in pregnant women in Cyprus. Next to Cyprus the Baby Buddy Forward project involves partners from Greece and the UK and is thus a great example of the efficiency of COST to promote research collaboration in the EU.

## Adopting good practices from their partners

Co-operation project "Philia" enables students' teamwork across 5 countries

The project was initiated by our partner university ERASME in Toulouse. Five universities from five European cities (Toulouse, Berlin, Lisbon, Brussels and Bucharest) are part of this project. "Philia" is being financed by ErasmusPlus and will run for three years.

The aim is to conduct studies into various areas of the youth welfare sector (networking, school social work etc.) in the participating countries. Results are then compared in order to attempt a re-contextualisation of practices. Ideally, good practice in one country is to be adopted by its partners. Potential problems that could come up when implementing a practice into different settings should be identified and reflected upon.



Part of the projet: Students and lecturers present their certificates One objective is to co-ordinate a module in such a way, that students could participate in any of the partnering universities. In autumn 2018 a workshop / symposium is scheduled to take place at the EHB. All partnering universities are set to attend. Prof. Dr. Karsten Laudien, Professorship in ethics

Prof. Dr. Julia Leinweber, Professorship B. Sc. of Midwifery

## Internships in selected projects of development cooperation



Jonathan Stahlberg, EHB student from social work, speaks to 92 old patient about her imminent discharge from Banso Baptist Hospital, Cameroon

For several years now, students of the EHB have the option of completing their internships abroad, as part of partner projects of the organisation Bread for the World in cooperation with AGLEH (Arbeitsstelle Globales Lernen an Evangelischen Hochschulen am Comenius Institut). It began with students of Social Work and Religious Pedagogy and in the coming year we want to include students of Early Childhood Studies.

In over 90 countries across the globe, Bread for the World empowers poor and marginalised people in order to improve their living conditions. Projects that were realised through the commitment of people locally, particularly regarding the improvement of health and education, can seek financial support from Bread for the World for set amounts of time. These include both religious and non-religious organisations.

What is the advantage for our students to do their internships with this cooperation partner of the EHB? They are aware of conditions on site, as regards matters of safety within the country, the organisation, the kind of work that is done as well as the employees and mentors who accompany the students. Mentors are paid to ensure the quality and professionalism of the internship. Additionally, Bread for the World offers mandatory seminars for the students – one before leaving and one upon their return.

In the past, EHB students have been in Uganda, Cameroon, Peru and Argentina. There are more possibilities in other countries – this depends in part on a student's language skills. Usually two students per semester from each protestant university can do such a placement. The application deadline is January 15th for the winter term and September 15th for the following summer term. We encourage anyone who is interested in doing their internship with our cooperation partner abroad to get in touch with Ruth Wunnenberg from the placement office (room A 106).

> Ruth Wunnenberg, Placement Office , Manager